

**Appendix 1. Information regarding appointment types in the specialist gender clinics**

	<b>Type of clinical appointment</b>	<b>Definition</b>
T&P NHSFT	1: Early Liaison with endocrine clinic for <15 yrs <sup>a</sup>	Appointment with the endocrinology clinic for those aged 15+ years
	2: Liaison with endocrine clinic for 15+ yrs <sup>a</sup>	Appointment with the endocrinology clinic for those aged <15 years
	3: GIDS Outreach Assessment <sup>b</sup>	Assessment undertaken remotely from the main clinic base in London
	4: GIDS Standard Assessment <sup>b</sup>	Assessment which took place at the London clinic
	5: GIDS Treatment Outreach <sup>c</sup>	Psychosocial treatment undertaken remotely from the main clinic base in London
	6: GIDS Treatment Standard <sup>c</sup>	Psychosocial treatment which took place at the London clinic
	7: GIDS Young Persons Group <sup>d</sup>	Group appointment specifically for young people (take place during GIDS group sessions)
	8: Group (not specified) <sup>d</sup>	Group appointment (take place during GIDS group sessions)
	9: GIDS Transitions Appointment <sup>c</sup>	Appointment for young people with GIDS and GIC clinician to discuss transition to adult service
	10: Endocrinology (15+ yrs) <sup>a</sup>	Appointment with the endocrinology clinic for those aged 15+ years
	11: Endocrinology (<15 yrs) <sup>a</sup>	Appointment with the endocrinology clinic for those aged <15 years
	12: Child, Young Adults and Families (CYAF) Assessment <sup>b</sup>	Assessment by CYAF clinician
	13: CYAF Individual therapy once per week <sup>c</sup>	Individual therapy by a CYAF clinician
	14: CYAF Family Therapy <sup>c</sup>	Family therapy by a CYAF clinician
AUMC	1: Intake Psychology <sup>b</sup>	First GID appointment with the psychologist during the diagnostic phase, 60 min
	2: Consultation Psychology <sup>b</sup>	Standard GID assessment with the psychologist during the diagnostic phase, 60 min

3: Psychological Assessment <sup>b</sup>	Appointment for completing questionnaires & psychiatric assessment / interview during the diagnostic phase, 2-3h
4: Screening Psychiatry <sup>b</sup>	First appointment after referral to the AUMC is with the main practitioner / treatment provider  For children/adolescents the appointed main practitioner in the hospital is the Child and Adolescent psychiatrist  After the psychiatric screening, the psychiatrist refers the CYP to a psychologist for the GID assessment / diagnostic phase
5: Consultation Psychiatry <sup>b</sup>	Psychiatric assessment during the diagnostic phase  Usually upon request from psychologist (for example in case when CYP presents with (complex) psychiatric comorbidity)
6: New patient endocrinology <sup>a</sup>	First appointment with the endocrinology clinic for CYP
7: Consultation endocrinology <sup>a</sup>	Standard appointment with the endocrinology clinic for CYP
8: Group consultation endocrinology / Webinar <sup>a</sup>	Group consultation before start medical treatment (providing education/information re medical treatment)
9: DEXA scan <sup>a</sup>	Order for DEXA scan to check bone health
10: Labs <sup>a</sup>	Appointment with the nurse for bloods / weight / height measurements and standard health checks
11: Consultation fertility <sup>a</sup>	Appointment with the fertility doctor (GYN)

*Note.* Appointment type groupings: <sup>a</sup>Endocrinology/Medical; <sup>b</sup>Assessment; <sup>c</sup>Psychosocial Treatment; <sup>d</sup>Group